GENERAL SAFETY ADVICE: FAR-RIGHT VIOLENCE

Most people are compassionate and caring. However, there are certain groups and individuals who are targetting people who do not look like white British Citizens.

Please stay calm and connected to your communities and follow this safety advice:



Keep updated with local news from TRUSTED sources.

Make sure your phone is fully charged, Bring a power bank or charger with you!

Add emergency contacts on speed dial

Tell someone where you are going and when you will be back

Do NOT wear headphones when walking around or play with your phone. You need to be alert.



BE AWARE OF YOUR SURROUNDINGS!

Look around you
Notice if things change for example, group of people forming.

Trust your instincts

If you feel unsafe. LEAVE. Go to a busy area or shop





Plan your route and use familiar routes

Well-lit and busy areas especially after dark

travel with a friend at night

let someone know where you are going and when you will be back

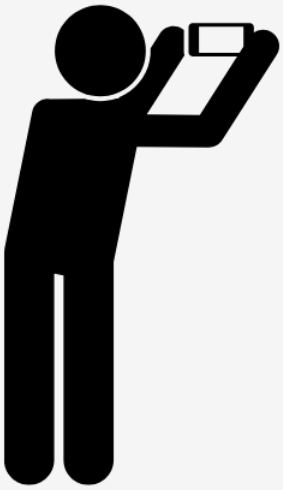
IF YOU ARE IN DANGER



- DO NOT ENGAGE - ignore, stay calm and confidently walk away as fast as possible
- Do NOT get involved with any violence
- Position for safety - create distance and put something between you and the attacker e.g. a parked car.
- Call for help from passerbys
- Find a safe place - somewhere busy, a shop or business



IF YOU ARE BEING FILMED



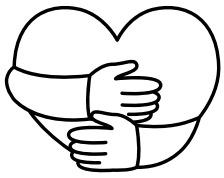
- Try and stay calm. Ignore and walk away.
- If you are being asked questions respond calmly “I do not want to answer your question”
- Do not swear or argue - it will gain more attention for social media
- Try to move from public area into private property e.g. if you are in a hotel foyer then go to your room
- Call the police if they will not stop filming



If you feel you are in danger call 999
You can report the incident to Police after either online or calling 101
You can report as a hate crime online at www.report-it.org.uk
You can report anonymously using Crime Stoppers on 0800 555 111
The police should not ask about your immigration status when reporting a crime.

Go to A&E if you need medical care. You are entitled to primary urgent healthcare regardless of your immigration status.

EMOTIONAL AFTERCARE AFTER A RACIST ATTACK



- Be gentle with yourself - this can be a very distressing experience for your mind and body. You may feel angry, upset, shaky or numb. Give yourself time to heal and switch off from news/social media.
- Speak to someone you trust about what has happened - Remember that you are not alone and it is not your fault.
- Reach out to local community groups for support

RIGHT TO REMAIN